Scottish Standards of Care for Hip Fracture Patients.

**Standard 1:** Patients with a Hip Fracture are transferred from the Emergency Department to the orthopaedic ward within 4 hours.

**Standard 2:** Patients who have a clinical suspicion or confirmation of a hip fracture have the “Big Six” interventions/treatments before leaving the Emergency Department.
1. Provision of Pain Relief.
2. Screening for Delirium.
3. Early Warning Score (EWS) system.
5. Intravenous Fluids Therapy.
6. Pressure Area Care.

**Standard 3:** Every patient with a hip fracture receives the “inpatient bundle of care” within 24 hours of admission.
1. Delirium screening and assessment of cognitive function.
2. Falls Assessment.
3. Food, Fluids and Nutritional Assessment.
4. Pressure Area Assessment.

**Standard 4:** Patients undergo surgical repair of their hip fracture within 36 hours of admission.

**Standard 5:** No patients are repeatedly fasted in preparation for surgery. In addition, clear oral fluids are offered up to two hours prior to surgery.

**Standard 6:** Cemented hemi-arthroplasty implants are standard unless clinically indicated otherwise.

**Standard 7:** Every patient who is identified locally as being frail receives comprehensive geriatric assessment within three days of admission.

**Standard 8:** Mobilisation has begun by the end of the first day after surgery and every patient has physiotherapy assessment by end of day two.

**Standard 9:** Every patient has a documented Occupational Therapy Assessment commenced by the end of day three post admission.

**Standard 10:** Every patient who has been admitted to hospital and diagnosed with a hip fracture has an assessment or a referral for their bone health within 60 days.

**Standard 11:** Every patient’s recovery is optimised by a multi-disciplinary team approach such that they are discharged back to their original place of residence within 30 days from the date of admission.

The full text of these standards is available online at www.shfa.scot.nhs.uk

These Standards are endorsed by the following organisations:

[Logos of endorsing organisations]

and supported by: